## FEBRUARY 2018 MEMBER IN FOCUS: DAVID SPEIS

I never really thought I'd be a cyclist. Ten years ago, my vision of athletic activity during my retirement years was playing senior's baseball, skiing and road running. But as the legs became less and less responsive to continual pavement pounding, I bought a bike. Then I met Metta Cahill, who convinced me to do a fun ride. Before I knew it, I was doing Sunday hill rides with Bob Parsons and the obvious next step was to join PFW.

I've always been an outdoor person, so convincing me to spend 3 - 4 hours outdoors with likeminded cyclists on a beautiful day in the country was not a stretch. But the part that I've come to enjoy the most is the camaraderie and social interaction. I have made a ton of new friends, who I really enjoy being with both on and off the bike. Many a world problem has been resolved on those rides.

Although I've only been a PFW member for a relatively short time, I found myself regularly taking advantage of club activities and meeting more new people. Among them is reconnecting with Ira (and listening to his jokes - again), who I've known since I was six, but had not seen in over 45 years!

2017 was my first full year of retirement. Cycling has now become my number one athletic activity. So much so that it's cut into the time I had reserved for fishing, bird watching, surfing and home brewing.

Just about everyone I've met has been involved in making the club better and stronger. I just couldn't continue to benefit from everyone's efforts without stepping up to give something back. That became the impetus behind joining the PFW Board and contributing to the club's well-being. My hope is that I'll continue participating and riding as long as I can still find my way home.

